



### **S.B. Full Testimonial**

"I cannot thank Dr. Murphy and his staff at Mindset enough for giving our son his life back.

He developed PANS (pediatric acute onset neuropsychiatric syndrome) at the age of 13 in December 2020 and his life was turned upside down. PANS is an autoimmune condition in which the immune system, while fighting an infection, attacks the brain by mistake. Overnight, he was a different person with episodes of intense anxiety and OCD, behavioral regression and inability to concentrate. He was nearly housebound for a year and a half. He could not attend school and could barely work with a tutor, so he missed half of 7th grade and all of eighth grade. He had previously been an excellent student. He was treated aggressively with steroids, antibiotics, anti-inflammatories, psychiatric medication and intravenous immunoglobulin (IVIG). Although he was somewhat improved, he still rarely left the house, still had significant episodes and could not focus on schoolwork. We did not see how our son would ever have a normal life again unless a different tactic was used. We felt that his current treatments were not going to get him there. We live in the Boston area, are physicians, and heard about PrTMS and Dr. Murphy from another physician in New England whose son with PANS was treated by Dr. Murphy 5 years ago with markable results.

On a leap of faith, we flew to San Diego in March 2022 and our son received 4 1/2 weeks of PrTMS. The results were nothing short of a miracle. It is as if a switch was flipped, and our son was returned to us.

His PANS symptoms started melting away during the first week of treatment and there has not been an episode since. We were out daily exploring the San Diego area. While there, his concentration improved, and he began reading again. The staff at Mindset were so welcoming, kind and knowledgeable. It helped to make our extended stay from out of town a wonderful experience. Since returning home, he continues to do well and has been working with tutors to catch up on schoolwork. Several months ago, we could not imagine how he would ever return to school. Now, we are working with his school on a return in September when he will join the 9th grade class despite having missed a year and a half of school. Once again, a miracle. We will be forever grateful to Dr. Murphy and his staff at Mindset for their care of our son."